



Edition 56 - Thursday 8 November 2018

**Spotlight on...** Your forum needs YOU!! EYPCF have been incredibly busy hosting coffee mornings and workshops, attending meetings to represent parent carers to help influence future services and provisions. To sustain our work for parent carers we really need to recruit **new members to our steering group**. This role involves attending meetings with the Local authority and other professionals (full training given), attending coffee mornings and workshops to welcome and support parent carers. Probably the most important aspect is to be available to talk to parent carers to reassure them that they are not alone and to help to sign post to the relevant people who can help.

If you are interested in joining us, please get in touch for an informal chat.

Email: [admin@eypcf.co.uk](mailto:admin@eypcf.co.uk), telephone (01262) 678283.

**We look forward to hearing from you.**

**EYPCF - AGM** minutes are published on EYPCF website [www.eypcf.co.uk](http://www.eypcf.co.uk).

### FISH update

Do you know someone aged between 14 – 25?

Are they passionate about making a difference to young people's lives?

T.Y.L.E.R (The Young Leaders of East Riding) are looking for young people's views and opinions on bullying. The group have 3 questions they would like young people to answer so they can feedback about the impact bullying has on young people's lives to the Local Council.

1. How does bullying impact on young people's lives, how does it make them feel?
2. Do you think there is enough support for young people that have or are experiencing bullying?
3. What support do you think can be put in place to help people being bullied or that have experienced it?

T.Y.L.E.R would really appreciate your feedback so they can continue to make a difference to young people's lives and make sure there is support available.

If you would like to answer the questions, please send your answers to

[aneliese.woodmansey@eastriding.gov.uk](mailto:aneliese.woodmansey@eastriding.gov.uk). All answers will remain confidential and anonymous.

For further information please contact Aneliese on tel: (01482) 396469.

### East Yorkshire Parent Carer Forum

**Legal Workshop** – EYPCF are delighted to welcome **Irwin Mitchell** to deliver information around Wills, Trusts, Mental capacity, Power of Attorney and Deprivation of Liberty Safeguards.

**Date:** Tuesday 20 November 2018

**Venue:** Lairgate Hotel, Beverley, HU17 8EP

**Time:** 10am to 2pm a light lunch will be provided for parent carers.

**Cost:** Free

**Contact:** Karen Sanderson to book your place

**Tel:** (01262) 678283, Mobile 07813 676941

**Email:** [admin@eypcf.co.uk](mailto:admin@eypcf.co.uk)

**Workshop: Knowledge, Information and Support** – delivering information about the SEND process from early SEN support right through to the completion of the Education, Health and Care Plan (EHCP) and all the steps around identification and assessment.

This is an opportunity to come along and have some time out in pleasant surroundings, enjoy a lovely lunch and chat to other parent/carers with similar experiences. We will also hold a prize draw for a day pass to the Spa.

Dates for this workshop:

- Tuesday 15 January 2019 – Tickton Grange, Tickton, HU17 9SH
- Wednesday 13 March 2019 – Grange Park Hotel, Willerby, HU10 6EA
- Thursday 25 April 2019 – Lowther Hotel, Goole, DN14 5QW
- Wednesday 15 May 2019 – Guys Café, Patrington Haven HU12 0PT
- Tuesday 13 June 2019 – KP Resort, Kilwick Percy, Pocklington, YO42 1UF

All workshops:

**Time:** 10am to 2pm

**Cost:** FREE

**Contact:** Karen Sanderson to book on the above workshops

**Tel:** EYPCF on (01262) 678283, Mobile 07813 676941

**Email:** [admin@eypcf.co.uk](mailto:admin@eypcf.co.uk)

### Parent Carer Support Groups

There are a number of parent carer support groups running across the East Riding and surrounding areas. To view information about these groups please click [here](#).

To view National support organisations, please click [here](#) (These links will take you to the Local Offer website).

### Beverley

**Beverley Youth Festival!** All nine – 18 year olds will get a FREE festival pass and be able to take part in lots of creative activities, competitions, prizes, games and there will be FOOD, MOCKTAILS and much more!

**Dates:** Saturday 17 November 2018

**Times:** 1 – 3.30pm

**Cost:** FREE

**Venue:** East Riding College, Flemingate, Beverley, HU17 0GH

### Bridlington and Driffield

**Diverse Fest** – A performance festival for those with learning difficulties/disabilities. There will be music, dance, drama, stalls and activities. There's a karaoke from 11.30pm – 1pm (just bring your music) and much more!

**Dates:** Saturday 9 February 2019

**Times:** 11.30am – 5pm

**Cost:** £3

**Venue:** Bridlington Spa, Marine Drive, Bridlington, YO15 3JH

**Tickets:** (01262) 678258 (Box Office).  
**Contact:** For more information call 07521 364107  
**Web:** [www.wearetheatre.co.uk](http://www.wearetheatre.co.uk)

**Bridlington Blades Fencing Club – Inclusive sessions.** The club provides all the equipment and even have two wheelchairs and aprons for **wheelchair fencing**. Members should wear long trousers, a t shirt and trainers and bring a drink.

**Dates:** Thursdays

**Times:** 6-30 to 8-00pm for ages eight to 17 years  
6-30 to 8-30pm for over 18 years.

**Cost:** £3.50 for eight to 17 years  
£5-00 for over 18 years.

First session is free and members will need insurance.

**Venue:** East Riding Leisure, Promenade, Bridlington, YO15 2QQ

**Contact:** Val Hoodless (01482) 798918 or Joy Fleetham (01262) 675542.

## Goole

**Unique Friends: Inclusive Dance Session** - hosted by "My Friends Can Dance ".Come along to a fun, interactive, sensory dance session.

**Date :** Saturday 10 November

**Venue:** The Courtyard, Boothferry Road , Goole,DN14 6AE.

**Cost :** £2.00 per child.

**Time:** 13.45 pm till 14.30 pm.

**Unique Friends: Informal Coffee Morning** - Come along and meet other parent / carers in a relaxed setting. All welcome

**Date:** Monday 12 November

**Venue:** The Courtyard, Boothferry Road,Goole,DN14 6AE.

**Time :** 9.30 am till 11.00am

**Unique Friends** will be attending Aim Higher's Inclusive Retail Tuesday event which will be raising awareness and offering inclusive retail experience for those with hidden disabilities. Pop along and take a look.

**Date:** Tuesday 13 November

**Venue :** St Stephen's, Hull

**Time:** 10.00 am till 15.00pm.

**Unique Friends: Inclusive Christmas Cookery/Craft session** - Come along and join us for a fun afternoon of Christmas activities what the whole family can join in.

**Date :** Saturday 24 November

**Venue :** The Courtyard, Boothferry Road,Goole , DN14 6AE.

**Time :** 13.30pm till 15.30pm

**Cost :** £3.00 per child

## East Riding wide and Hull/York catchment

**If you are interested in finding out more about becoming a foster family, what is involved, the rewards, benefits and challenges now is the time!**

Experts from East Riding Fostering including social workers, foster carers and looked after children, will be at our 'Find out about Fostering' event. You don't have to sign up on the spot, it is a chance to find out everything you need to know, including speaking to those who are already fostering children and to gain first-hand insights into the role. You can ask any questions you may have regarding allowances and fees, what is expected of you and so on.

Some of our carers foster babies, children and young people on a long term basis, while others provide short term, emergency and respite care. Many of our carers love nurturing newborn babies and toddlers, either working with the child and their birth family to facilitate an eventual reunion, or preparing the child for adoption and life with a new family.

Others love the challenges and rewards of caring for older children, giving them the support and nurture they need - such as support with homework, help developing positive friendships, building confidence and encouraging them to follow their dreams and ambitions.

You don't need formal qualifications and you don't have to own your own home or have children of your own, however, you do need a spare room and the commitment to meet the needs of a child who needs you the most.

**Date:** Thursday 15 November 2018

**Time:** 6 – 8pm

**Venue:** Tickton Grange Hotel, HU17 9SH

**Cost:** FREE

**Contact:** (01482) 396469

## Newsletters

**SEN Magazine** newsletter November 2018: click [here](#) to view online.

Please note inclusion of services and sessions is not an endorsement or recommendation.

The next bulletin will be on Thursday 22 November. PLEASE NOTE IF YOU REQUIRE ANY INFORMATION TO BE ADDED TO THE BULLETIN CAN YOU SEND IT TO FISH BEFORE 12 NOON ON WEDNESDAY 21 November THANKYOU.

If you would like to submit information, news or events for inclusion in future FISH bulletins please email us at [fish@eastriding.gov.uk](mailto:fish@eastriding.gov.uk) (please note submission does not guarantee inclusion)

## Families Information Service Hub (FISH)

FS32, County Hall, Cross Street, Beverley, HU17 9BA

Tel: (01482) 396469 Email: [fish@eastriding.gov.uk](mailto:fish@eastriding.gov.uk)

Web: [www.fish.eastriding.gov.uk](http://www.fish.eastriding.gov.uk)

Twitter: [www.twitter.com/East\\_Riding](https://www.twitter.com/East_Riding)

Facebook: [www.facebook.com/eastridingcouncil](https://www.facebook.com/eastridingcouncil)

