



Edition 57 - Friday 23 November 2018

Spotlight on...

Beverley Festival of Christmas, Sunday 9 December 2018

The Beverley Festival of Christmas is the perfect way to get the whole of the family into the Christmas spirit. The festival has three Traditional Victorian Christmas Markets with over 120 stalls selling everything from festive food and drink, to arts and crafts. Enjoy our street entertainment and Christmas parade; meet Santa and his reindeer and much more! For more information please follow the link below:

<https://www.visithullandeastyorkshire.com/beverley/beverley-festival-visitor-information.aspx>

Information about **quieter zones** that may be useful to families of **children or adults with learning and physical disabilities**.

- There will be stewarded disabled parking spaces available at Grayburn Lane throughout the day (close to North Bar and Saturday Market main areas)
- The opening times for the festival are 10am - 4pm, peak times around 11am - 2pm, the busiest area is Saturday Market and parts of Toll Gavel
- The North Bar tends to have less footfall and is a quieter alternative to the market area, along with Flemingate which is hosting entertainment/craft stalls.
- Venues in the Town Centre will be open with activities, quieter spaces away from the centre of the market.
- The Guildhall in Beverley will be open from 10am - 3pm with activities for children tel: (01482) 392783
- The Treasure House will be open throughout the day with activities tel: (01482) 3912790
- Toll Gavel United Church will be open with live music/hot drinks/food throughout the day (01482) 882325

FISH update

T.Y.L.E.R – The Young Leaders of East Riding

Do you know someone aged between 14 – 25?

Are they passionate about making a difference to young people's lives?

T.Y.L.E.R (The Young Leaders of East Riding) are looking for young people's views and opinions on bullying. The group have 3 questions they would like young people to answer so they can feedback about the impact bullying has on young people's lives to the Local Council.

1. How does bullying impact on young people's lives, how does it make them feel?

2. Do you think there is enough support for young people that have or are experiencing bullying?

3. What support do you think can be put in place to help people being bullied or that have experienced it?

T.Y.L.E.R would really appreciate your feedback so they can continue to make a difference to young people's lives and make sure there is support available.

If you would like to answer the questions, please send your answers to aneliese.woodmansey@eastriding.gov.uk. All answers will remain confidential and anonymous.

For further information please contact Aneliese on tel: (01482) 396469.

East Yorkshire Parent Carer Forum

National Parent Carer Forum in Coventry – Delegates from EYPCF will be attending and will feedback any news from this event in future bulletins and also on our social media site: [@EASTYORKSPCF](https://www.facebook.com/EASTYORKSPCF)

Workshop: Knowledge, Information and Support – delivering information about the SEND process from early SEN support right through to the completion of the Education, Health and Care Plan (EHCP) and all the steps around identification and assessment.

This is an opportunity to come along and have some time out in pleasant surroundings, enjoy a lovely lunch and chat to other parent/carers with similar experiences. We will also hold a prize draw on the day.

Dates for this workshop:

- Tuesday 15 January 2019 – Tickton Grange, Tickton, HU17 9SH
- Wednesday 13 March 2019 – Grange Park Hotel, Willerby, HU10 6EA
- Thursday 25 April 2019 – Lowther Hotel, Goole, DN14 5QW
- Wednesday 15 May 2019 – Guys Café, Patrington Haven HU12 0PT
- Tuesday 13 June 2019 – KP Resort, Kilnwick Percy, Pocklington, YO42 1UF

All workshops:

Time: 10am to 2pm

Cost: FREE

Contact: Karen Sanderson to book on the above workshops

Tel: EYPCF on (01262) 678283, Mobile 07813 676941

Email: admin@eypcf.co.uk

Parent Carer Support Groups

There are a number of parent carer support groups running across the East Riding and surrounding areas. To view information about these groups please click [here](#).

To view National support organisations, please click [here](#) (These links will take you to the Local Offer website).

Goole

Junction Autism Friendly screening of Fantastic Beasts: The Crimes of Grindlewald (12A) Children must be accompanied by an adult.

You can see the trailer here: <https://www.youtube.com/watch?v=8bYBOVWLNIs>

Dates: Wednesday 2 January 2019

Times: 11am start

Cost: £3 per person - available from the Box Office

Venue: Junction, Paradise Place, Goole, DN14 5DL

Contact: Junction tel: (01405) 763652

Web: www.junctiongoole.co.uk

Home-Start Goole & District Christmas Drop-in Day - Our family support charity has been helping local families for over 20 years! An opportunity for a cuppa and a chat with friends old and new: **Everybody is Welcome!**

- Christmas songs from **Boothferry Primary School Choir**
- Christmas craft table for children
- Christmas themed products to purchase from **The Green Team**

Dates: **Wednesday 12 December 2018**

Times: 9 - 11:30am

Cost:

Venue: The Courtyard, Boothferry Road, Goole, DN14 6AE

Contact: **Home-Start Goole & District** Tel: (01405) 769966

Email: office@hsgoole.org.uk

Web: www.hsgoole.org.uk

Wolds and Dale

Understanding Autism Seminar - The seminar is open to families and practitioners who would like to know more about Autism Spectrum Conditions, including;

What is Autism?

How Autism affects social communication

How sensory differences can affect a person with Autism

Strategies to support people with Autism.

Dates: Monday 3 December 2018

Times: 10am to 2.30pm.

Tea and coffee will be available but please bring a packed lunch for the midday break.

Cost: FREE

Venue: Community Hall, Burnby Hall, Pocklington, YO42 2QF

Contact: For a booking form to reserve your place, please visit the [News](#) section on the East Riding Local Offer website or Tel: (01482) 392254

Email: scdpanelenquiries@eastriding.gov.uk

East Riding wide and Hull/York catchment

City Health Care Partnership CIC: Differently Abled: An event for anyone who wants to find out more about Learning Disabilities, Autism and local services.

The event will host a large Learning Disability Conference, Autism Simulation Experience and the Dementia Simulation Experience and various information zones.

Dates: Thursday 14th February 2019

Times: 10am-4pm

Cost: Free

Venue: Bonus Arena, Myton Street, HU1 2PS

Contact: the Well-being Service for more information: (01482) 335642 or

Email: chcp.wellbeingLD@nhs.net

Special Stars Foundation – Individual Advice and Support Session for Parents Carers - C.I.S.S. (Carers Information and Support Service) provide advice, support and

bespoke care plans to support the person providing the care and the family. These free private 1-1 sessions are open to anyone caring for a person with a disability, of any age. It may be that you are in need of some support or advice regarding your caring responsibilities; your own mental health, help with registering as a carer with your GP, advice around accessing carers breaks, you will also be given information about access to courses, further support services and an option to use their advocacy service.

Dates: Thursday 29 November 2018

Times: 1 hour slots are available from 10am to 2pm

Cost: Free

Venue: Special Stars Foundation, 171 High Street, Hull, HU1 1NE

Email: : bookings@heyspecialstars.co.uk

Special Stars Foundation – Inclusive Bounce Session – Aimed at children and young people with disabilities age 12 and under. There will be reduced sound and lighting, sensory tents and apparatus.

Dates: 1 December 2018

Time: 10:00am-11:00am

Cost: £5 per person jumping, including carers / siblings.

Socks can be bought for £1 on the day.

Tickets **must** be purchased prior to the event www.heyspecialstars.co.uk/shop

Venue: Gravity Trampoline Park, St Stephens Shopping Centre, Hull, HU1

Contact: bookings@heyspecialstars.co.uk or tel: (01482) 227657

Special Stars Foundation – Private 1-1 Physiotherapy sessions with our in house Physiotherapist, Kevin Allen of East Riding Physiotherapy. The sessions are specifically aimed at members of the charity who have a significant physical disability.

Please arrive at least 15 minutes before your slot to complete relevant paperwork and to ensure your session starts on time.

Dates: Friday 7 December 2018

Time: 12pm – 4pm (30 Minutes slots)

Cost: £15.00 - £45.00

Venue: Special Stars Foundation, 171 High Street, Hull, HU1 1NE

Contact: bookings@heyspecialstars.co.uk

Book your session online at www.heyspecialstars.co.uk/shop

Special Stars Foundation – 1 hour Hydrotherapy Sessions at Ganton Special School – Fully accessible changing facilities and hoists make the hydrotherapy pool suitable for all. (Please note you will need to bring your own sling if you need to use the hoist) Lights, music and pool toys available or you can also bring your own floatation devices and pool toys.

Date: Saturday 8 December 2018

Time: 12:30pm-13:30pm & 13:30pm-14:30pm

Cost: £2 per person swimming (inc carers/ siblings)

Booking online is **essential** - at www.heyspecialstars.co.uk/shop

Special Stars require 24 hours notice for cancellations

Venue: Ganton Special School, 294 Anlaby Park Road South, Hull, HU4 7JB

Special Stars Foundation – Sunday Club - sensory play session for children and young people with disabilities, and their families or carers. Siblings are welcome.

Wide range of sensory toys and equipment, arts and crafts table, soft play, games area with iPads and DS's, games, refreshments and lots more!

This is a drop-in session, so there is **no need to book**, just turn up.

Fully wheel chair accessible.

Dates: Every Sunday (Last Sunday club for 2018: December 9 - Christmas Special)

Time: 2pm - 4pm

Cost Just £1 per person, includes refreshments

Venue: Victoria Dock Village Hall, Southbridge Road, Hull, HU9 1TY

Contact: bookings@heyspecialstars.co.uk or tel: (01482) 227657

Special Stars Foundation – Sounding Special Christmas Special –

Music and Makaton group for children and young people with special needs and their families/carers. Lots of fun interactive games and rhymes

No experience of Makaton is needed, everyone welcome, all ages and abilities.

wheel chair accessible building, hoist and free parking available

Refreshments and toys will be available at the end of the session, for anyone that would like to stay to meet other families.

Date: Saturday 22 December 2018

Time: 10.30am – 12.30pm

Cost: £1.00 per child. Payable on the day, please pre book your places via email

Venue: Special Stars Foundation, 171 High Street, Hull, HU1 1NE

Contact: bookings@heyspecialstars.co.uk

Special Stars Foundation – 1 hour Hydrotherapy Swimming Sessions –

Tweendykes Special School – Fully accessible changing facilities and hoists make the pool suitable for all. (Please note you will need to bring your own sling if you need to use the hoist). Lights, music and pool toys available, you can also bring your own floatation devices and pool toys. 18 places per session.

Dates: Saturday 22 December 2018

Times: Session 1 – 10.00am – 11.00am

Session 2 – 11.00am – 12.00pm

Cost: £3.00 per person, Ticket only event, tickets must be booked online at

www.heyspecialstars.co.uk/shop

Venue: Tweendykes Special School, Midmere Learning Village, Leads Road, Hull, HU7 4PW

Special Stars Foundation – Makaton Beginner's Workshop (2 Day Course)

A fully accredited course, delivered by a tutor from the Makaton Charity. Sessions include discussing commonly asked questions, hints and tips and you will also learn the signs and symbols for Stages 1-4 and Additional of the Core Vocabulary.

There are 12 places available on this course, preference will be given to parents of children or young people who have significant speech and communication difficulties.

Date: Day 1 – Wednesday 16 January 2019, Day 2 – Wednesday 23 January 2019

Time: 9.30am – 4.00 pm (both days)

Cost: £30.00 Parent/Carers £60.00 for Professional's

Venue: Special Stars Foundation, 171 High Street, Hull, HU1 1NE

Contact: bookings@heyspecialstars.co.uk

Special Stars Foundation – E-Learning for Parents, Carers and Professionals -

Special Stars Foundation are thrilled to be able to facilitate FREE e-learning on a variety of topics for parent carers or anyone working with a person with a disability. Courses are

around 9-10 weeks long and can be done at home at a time to suit you (or parent carers can use our FREE computer during office hours at Special Stars Foundation to complete training)

To qualify for this free training you MUST be:

- 19 or over
- Have been a permanent resident of the UK for the last 3 years
- able to attend a 1.5 hour induction at 10:30am at Special Stars Foundation offices
- A parent carer of a disabled person or working with people with disabilities
- able to provide one form of photo ID (passport, driving licence etc)

Dates: Last Wednesday of every month

Time: 10.30am – 12.30pm

Cost: FREE

Venue: Special Stars Foundation, 171 High Street, Hull, HU1 1NE

Contact: Special Stars Foundation for more information tel: (01482) 227657 or

Email: info@heyspecialstars.co.uk

Book your course: bookings@heyspecialstars.co.uk

Web: www.heyspecialstars.co.uk

National News

Autism and Co-occurring Conditions Conference - Leeds

Autistic people commonly have one, or more, additional (or 'co-occurring') condition. These conditions may include ADHD, a learning disability, epilepsy, tourettes, dyspraxia, eating difficulties, and mental health issues. In this brand new one day conference, we explore some of these co-occurring conditions, their connection with autism, what effect they can have on an individual, and how diagnosis and appropriate support should be approached. Speakers will include practitioners, researchers and autistic individuals.

Key topics include:

- Autism and ADHD
- Autism and learning disabilities
- Autism and mental health issues
- Approaches to diagnosis and appropriate treatment
- Eating disorders and autism
- Sleep and autism

Dates: Tuesday 29 January 2019

Times: 9am – 4.30pm

Venue: The Hilton Leeds City Hotel, Neville Street, Leeds, LS1 4BX

Cost: Standard Delegate Rate £195 + VAT

Autistic Individuals / Parents / Families / Carers £95 + VAT

Please call 0115 911 3367 or email conference@nas.org.uk before proceeding to book, in order to gain a discount code for this rate. This rate is for the above noted who will personally be paying for their place and not via an organisation.

Bookings: On-line via the [National Autistic Society website](http://www.nationalautisticsociety.org.uk)

National Creative Learning Awards - The awards celebrate the inspirational innovators, educators and practitioners who live and breathe creative learning and champion the work of individuals and organisations that have a genuine impact. The awards will support them through advocacy and raise their profile with the help of a panel of high-profile judges and a national media partner. There are two specific categories for SEND

- one to recognise an individual teacher and the
- one to recognise partnership projects.

If know of work happening in your locality, then please follow the link for more information and to nominate them.

Web: <https://creativelearningguild.co.uk/national-awards>

Nominations will close on Friday 14 December 2018 at midnight. Short listed entries will receive an invitation to the Creative Learning Summit in March 2019.

Newsletters

National Autistic Society – Christmas can be an exciting, fun time for many of us. But the hustle and bustle of Christmas can be overwhelming for some autistic people.

[Read autistic people's and their families' stories](#) about how they celebrate Christmas.

CP Sport – Events coming up during December and plenty planned in for 2019 too! Find out more on their [website](#)

Please note inclusion of services and sessions is not an endorsement or recommendation.

The next bulletin will be on Thursday 6 December 2018.

If you would like to submit information, news or events for inclusion in the next bulletin, please email us **BEFORE 12 NOON on WEDNESDAY 5 DECEMBER 2018** fish@eastriding.gov.uk (please note submission does not guarantee inclusion).

Thank You.

Families Information Service Hub (FISH)

FS32, County Hall, Cross Street, Beverley, HU17 9BA

Tel: (01482) 396469 Email: fish@eastriding.gov.uk

Web: www.fish.eastriding.gov.uk

Twitter: www.twitter.com/East_Riding

Facebook: www.facebook.com/eastridingcouncil



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